

# THE BIGGEST LOSER



Are you ready to make a life Style change, lose a few pounds and begin a happier and healthier New Year? Need motivation, accountability and support of a team? Then join **The Jurisdiction of the District of Columbia Biggest Loser 12 Week Challenge!** Shed those pounds and fatten those pockets!!! Only 1 lucky loser will take home the grand prize!!!

Beginning Sunday, March 1, 2019, all participating contestants will begin the journey for a NEW YOU! For more info and to sign up, please contact WGDHW Stephen Jefferson at [sbjefferson611@gmail.com](mailto:sbjefferson611@gmail.com) or AGC Brenda Hardaway [hardaway.brenda@yahoo.com](mailto:hardaway.brenda@yahoo.com) on or before Sunday, February 17, 2019. A one-time fee of \$30 will be applied to the cash jackpot!!! We hope to see you all (\*no drop-outs)



**Eunice J. Dingle**  
Grand Worthy Matron

**Joseph A. Dingle**  
Grand Worthy Patron

**The Honorable Quincy G. Gant**  
Most Worshipful Grand Master